

TARUNI

Botanical Name: Rosa centifolia Linn.

Family: Rosaceae

Synonyms: Shatapatri, Karnika, Charukeshra, Mahakumari, Gandhaheya, Lakshapushpa, Atimanjula

Vernacular Name: Commonly known as "Cabbage Rose" or "Damask Rose."

Classification: It is a flowering plant belonging to the Rosaceae family.

Habitat: Found in temperate regions, often cultivated in gardens and farms for its fragrant flowers.

Morphology: A prickly branched shrub with compound leaves (usually five leaflets), fragrant flowers with long slender pedicels, and fleshy fruits enclosing bony achenes.

Useful Parts: Flowers (Pushpa)

Chemical Composition: Contains essential oils, tannic acid, volatile oils, saccharine, mineral salts, tartaric acid, and malic acid.

Pharmacological Action: Known for its cardio-tonic, astringent, complexion-promoting, digestive, and anti-inflammatory properties. It also acts as a brain tonic and is hepatoprotective.

Formulation: Used in preparations like Gulkand, Gulab Ark, Vasanta Kusumakara **Rasa**, Tarunarka, Pravalapishti, and Muktapishti.

Rasa: Kashaya , Tikta , Madhura

Guna: Laghu , Snigdha

Virya: Sheeta

Vipaka: Madhura