

# Nakli Ashoka

- **Botanical Name:** *Polyalthia longifolia*
- **Family:** Annonaceae
- **Synonyms:** Mast Tree, Indian Fir Tree, False Ashoka
- **Vernacular Name:** Commonly known as "Nakli Ashoka" in Hindi, "Mast Tree" in English, and "Ashoka Chettu" in Telugu.
- **Classification:** A tall, evergreen tree belonging to the Annonaceae family.
- **Habitat:** Native to the Indian subcontinent, it thrives in tropical and subtropical regions. It is often planted as an ornamental tree along roadsides and in gardens.
- **Morphology:** A slender tree that can grow up to 10–20 meters in height. It has a straight trunk, drooping branches, and glossy, lance-shaped leaves that are coppery-red when young and turn green as they mature. The flowers are small, greenish-yellow, and bloom in clusters. The fruits are small, ovoid, and turn purple-black when ripe.
- **Useful Parts:** Leaves, bark, and seeds.
- **Chemical Composition:** Contains alkaloids, flavonoids, and essential oils. The leaves and bark are rich in bioactive compounds with medicinal properties.
- **Pharmacological Action:** Known for its antimicrobial, anti-inflammatory, and antioxidant properties. It is used in traditional medicine for treating fever, skin disorders, and digestive issues.
- **Formulation:** Used in herbal remedies and decoctions for general health and skin care. The tree is also valued for its ornamental and environmental benefits.

**Rasa:** Kasaya, Tikta

**Guna:** Ruksha , Laghu

**Virya:** Sheeta

**Vipaka:** Katu